

## **Ascorbyl palmitate CAPSULES B001a**

### **Description**

#### **Product number B001a - 100 Vecaps 500 mg**

Ascorbyl palmitate is a **fat-soluble** form of vitamin C, where ascorbic acid is linked to palmitic acid. People cannot produce vitamin C themselves and must take this nutrient with food.

#### **In the human body, vitamin C contributes to:**

- The protection of cells against oxidative stress and the regeneration of the active form of vitamin E.
- The normal formation of collagen for the normal functioning of the blood vessels, cartilage, bones,
- skin, teeth and gums.
- The normal functioning of the immune system and ensures good resistance.
- A normal energy-yielding metabolism and reduction of fatigue.
- The normal functioning of the nervous system and normal psychological function.
- The intake of iron from the diet.

#### **Ingredients and% Reference Intake per 2 vegetarian capsules:**

Ascorbyl palmitate 1000 mg

1000 mg of ascorbyl palmitate consists of 420 mg of vitamin C (= 525% RI) and 580 mg of palmitic acid.

Filler: microcrystalline cellulose. Anti-caking agent: silicon dioxide. Capsule wall: HPMC (hydroxypropylmethylcellulose).

#### **Usage and warnings:**

2 x 1 capsule daily with meals or according to the advice of an expert. Do not exceed the recommended dosage. Keep out of reach of children. Do not use in case of hypersensitivity to one of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet.